



Escalating costs related to workplace injuries is a serious concern and a constantly growing expense for employers. Workers' compensation medical costs continue to rise at staggering rates, not to mention the indirect costs associated with job-related injuries.

The **WorkStrategies Injury Prevention Program** is a complete spectrum of safety and injury prevention services provided at your worksite to assist employers and employees to prevent or lessen injuries. Our main objective is to partner with employers to enhance health and safety practices by identifying risk, create strategies to mitigate those risks and support employers and employees in achieving success through decreased injury rates.

Utilizing a comprehensive wellness approach and realizing the effect of an aging workforce, the Injury Prevention Program tailors its preventative services to the employer's needs. Programs are specifically developed to focus on employee behaviors and the importance of job roles.

SERVICES RANGE FROM:

- » **Ergonomic job analysis:** To identify and quantify job tasks and associated risks
- » **Musculoskeletal injury prevention education:** Designed specifically around the risks associated with an employer's job tasks
- » **Post-offer employment testing (POET):** Determine a new hire's physical capabilities as it relates to job demands
- » **Onsite wellness and injury prevention specialists:** Work alongside employees as they perform their daily tasks
- » **Ongoing assessment and reinforcement of best practices** to minimize injury risk

WE ALSO PROVIDE A WIDE VARIETY OF WORKSITE EDUCATION AND PREVENTION PRODUCTS AND SERVICES INCLUDING:

- » Ergonomic consultation
- » Post-offer physical ability and essential function testing
- » Repetitive motion injury prevention
- » Customized injury prevention classes
- » Wellness education and services
- » Posture and body mechanics training
- » Spine education/back schools
- » Stretching and exercising programs
- » Job site evaluations (job safety analysis)
- » Job analysis (physical demand analysis)
- » Transitional return-to-work programs (including job coaching)
- » Train-the-trainer injury prevention programs
- » Onsite injury prevention and wellness specialist
- » Early symptom intervention

FOR MORE INFORMATION:
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EXCLUSIVELY PROVIDED BY:

